



# Gator News

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Gators Swim Team

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## Welcome New and Returning GATORS!

### Current Schedule

- June 6 —Mock meet
- June 9—Potluck
- June 10—Away vs. Smokey Hill
- June 13 —Stroke clinics start and continue every Tuesday thru July 11.
- June 17—Away vs. Hills West
- June 17—Parent/Volunteer Party
- June 24—Home vs. Forest Park
- July 1—No meet
- July 3 & 4 — No practice
- July 8—Home vs. Willow Creek I
- July 15—Away vs. Chaparral
- July 17—Prelims-8 & Under @ SGCC
- July 18—Prelims-9-10 & 13-14 @ Chaparral
- July 19—Prelims-11-12 & 15-18 @ Willow Creek I
- July 22—Championships @ Hills West
- July 23—Awards Banquet at 6-9PM
- July 29—All-Stars @ Castle Rock

### Contact List:

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### Upcoming Themes

June 17 : Halloween  
 June 24 : Hawaiian  
 July 8 : Red, White, and Blue  
 July 15 : Tie Dye  
 All Prelims: Team Colors & Team Spirit  
 July 22 : Team Colors & Team Spirit  
 July 29 : Team Colors & Team Spirit

## Pot Luck Scheduled for Friday

Don't miss the SGCC Gator Swim Team Potluck Dinner Friday, June 9 at 6 p.m. This is a great way to meet and welcome all of our new families to the team, talk informally with our great coaches and board, and relax poolside together.

Each family is asked to bring a MAIN DISH to share that serves 8 people and the following to share also:

- A - H - bring a dessert
- I - P - bring an hors d'oeuvre
- Q - Z - bring a salad

The Team will provide beverages for all. Please be sure to bring your own plates,

napkins and utensils for your own family.

ALSO - Please bring a 6-pack of Gatorade as your family donation to the team (one 6-pack per family) and you'll receive your Team T-shirts (Parents who've purchased shirts will receive theirs that night and you can buy one too for \$12.00).

In case of inclement weather, please check the hotline - (303) 346-3546 - or visit [sgccgators.org](http://sgccgators.org) for cancellation and reschedule information.

Still looking for additional parents to help out on Stroke & Turn and the Scorer's Table. Contact Todd Schrock or Rick Sanders.

## Coaches' Corner

### Howdy Gators!

First we'd like to start by thanking all of you for coming to these first few weeks of practice! We know the end of the school year is a busy time for everyone, so we appreciate all of your efforts! The team is shaping up nicely, and it's going to be a great summer!

We have been stressing to the team the importance of swimming with your own age groups at practice, and we'd like to reinforce that. If there are extenuating circumstances, please talk to your coaches, and we may be able to arrange for swimmers to swim up an age group. We'd also like to request for swimmers to be at their own practice times EVERY Friday morning. This is imperative, as that is usually the day we practice relays, which will be beneficial for the swim meets. Also, swimmers SHOULD NOT be swimming down by age groups at practice, as they will not benefit as much from the work-outs that way.

Parent Volunteers are Needed!! Pancake breakfasts for the swimmers will be starting the week of June 5th! We will not be posting the dates for these, as it is an incentive for swimmers to come to practice consistently. However, we do need parents to help cook

for the breakfasts, so if you want to inquire about participating to earn points for your volunteering hours, please contact one of the coaches. We will tell you when (date and time) that you need to be at practice, as well as any supplies (i.e. - skillet) that you can bring! Thanks so much in advance for all of your help this summer!

We have set the themes for each of the meets, and hope that swimmers will get in the team spirit and dress up accordingly for the meets! For the first meet, the theme is "Cowboys, Cowgirls and Farmers!" Even if you only have a red bandana, that would be great! Our first meet is at Smokey Hill, and starts at 7:30am. So, our warm-up will be at 7AM - that means we need to be IN THE WATER BY 7AM!! Please be early and set up before our warm-up times, as we don't get a lot of time before the meet to warm-up, and to practice our starts and turns in an away pool!

We are so excited about this summer, and we know all of the swimmers will do great! Until next time, YEEEEHAWWW!!

Your Coaches,  
 Andy, Trish, Lauren and Cole