



## Welcome

### New and Returning GATORS!

#### Current Schedule

- June 14—Stroke clinics start and continue every Thursday thru July 12
- June 15—Pep Rally @ 6pm
- June 16—Home vs. Forest Park
- June 22—Team Pictures @ 6pm
- June 23—Parent Volunteer Party
- June 23—Away vs. Castle Rock
- June 27—Waterworld
- June 30—No meet
- July 3 — No practice
- July 6—Pep Rally @ 6pm
- July 7—Home vs. Willow Creek 1
- July 13—Pep Rally @ 6pm
- July 14—Home vs. Hills West
- July 16—Prelims-8 & Under @ Castle Rock (4:30pm)
- July 17—Prelims-9-10 & 13-14 @ Willow Creek I (8:00am)
- July 18—Prelims-11-12 & 15-18 @ Forest Park (8:00am)
- July 21—Championships @ Castle Rock (7:30)
- July 22—Awards Banquet @ 5-9pm
- July 29—All-Stars @ Castle Rock

#### Contact List:

Dean Thomsen .... (303) 730-9598  
 John Blakney ..... (303) 794-2007  
 George Farner(v). (303) 738-9706  
 Barb Grogan..... (303) 887-9075  
 Jane Lundwall ..... (303) 721-6995  
 Lou Mednick(v) .. (303) 798-9587  
 Kevin Rein(v)..... (303) 347-1847  
 Rick Sanders(v)... (303) 798-9741  
 Todd Schrock(v) . (303) 795-9722  
 Vicki Schrock..... (303) 795-9722  
 Sally Thomsen(v) (303) 730-9598  
 Andy Farner ..... (303) 738-9706  
 Tricia Anderson... (720) 427-3043  
 Lauren Blakney ... (303) 250-2370  
 Grant Reeder ..... (303) 588-6336

## Off to a great start so far, but let's iron out some wrinkles!

I know we had a couple of practices cancelled/delayed due to weather lately. We will work to see if we can post these timely updates on the website but have not got that setup right now. Our suggestion would be to just drive up and see if practice is on, they will put a message on the white board if something is up. Or call your coach on their cell phone. Numbers are listed in the newsletters and on the website. Please do not call any board members home numbers at 5:30 or so in the morning. They won't know and it's too early in everyone's house for phone calls.

Great work on Saturday to win our first meet of the year against a very good team from Smokey Hill. You'll be able to see the results on our website in the very near future. Next up are the always dangerous Blue Fins from Forest Park. This will be our first home meet, so let's show them how we defend our lanes.

As always, we need every family to help stock our concession stand. Last name starting A-K: please bring 2 individual serving bags of fruit; grapes, berries and melon work best; no cut up apples please. Last name starting L-P: please bring 1 package of hot dogs, and last name starting Q-Z: please bring 1 package of hot dog buns. Thank you very much!! The concession appreciates your donation very much! Your donation helps the swim team make a little money which is used for equipment and social events.

#### SGCC Parent Volunteer Party

June 23 at 7:00 p.m.

Bring your favorite hors d'oeuvre to share  
Beer and Wine provided

Adult Event Only

RSVP to the club by 6/20 - 3/798-1656

## Volunteers

Please check with the volunteer coordinators (small "v" next to their name at left) to get signed up to help at the swim meets. Concession's and scorer's table are still looking for volunteers.

#### **Need some Volunteer Time?**

We need someone to pick up Burritos on Friday evening, reheat them early Saturday morning and bring them to the pool before the home meet starts.

If you can help, please call Lou Mednick at 303-798-9587 or Sally Thomsen at 303-730-9598.

#### **"Surprise Pancake" Breakfasts**

We need help with the "Surprise Pancake" Breakfasts. The only request is that you must be able to help the entire morning, not just when your child is swimming. Please contact Alecia Hindman or Sharon Debban.

## Coaches' Corner

Same as last week, see back page!

# Coaches' Corner

Hey Gators,

Congratulations on a successful first meet against Smoky Hill last weekend! Once we worked out some of the first-meet kinks and calmed some of the swimmers nerves, we had many great swims! We couldn't have done it without all of the help and support of swimmers and families alike - thank you!

This coming weekend is our swim meet against Forest Park, which is a home meet. The theme is tie-dye and graffiti, so swimmers can bring a plain t-shirt to the pep rally on Friday (6pm), which we will be signing and decorating to wear at the meet. Our meet starts at 8am this weekend, and since it is a home meet, we need swimmers to be in the pool by 7am for warm-ups.

We are holding our first traditional stroke clinic this week on Thursday night. Any swimmers 10 years old or younger will have stroke clinic from 6-6:45pm. Swimmers 11 years old or older have stroke clinic from 6:45-7:30pm. This week we are focusing on Breaststroke, as this tends to be one of the more popular events requested, and also tends to have a higher level of DQ's each weekend!

In other business – parents, please notify your child's coach of any medical conditions that we should know about. It is difficult to know, without formal notification, of medical conditions that we should be aware of, so please contact us if there is something that we should be watching out for at practices and/or meets.

Our team Water World day is going to be Wednesday, June 27 - we will be starting to sell tickets next week at practice, so that we can hand them out the following week. You are responsible for transportation and supervision for your own children, though we will all be at Water World to have fun with the team! You are welcome to invite others (children's friends, babysitters, etc) to be included in your total ticket count. Feel free to ask us any other questions you may have regarding this fun Gator tradition!

Thanks again for a great first meet!  
Your Coaches,  
Andy, Trish, Lauren and Grant

## SGCC Club & Swim Team Parent Volunteer Party

Saturday, June 23rd. Mark your calendars for the upcoming, annual event of the summer – the Southglenn Club & Swim Team Parent Volunteer Party. Please plan to join us for a casual “adult only” gathering up at the clubhouse. There'll be music, dancing, hanging out and catching up with old friends and new!

Beer and Wine will be provided or BYOB.

DATE: Saturday, June 23, 2007

TIME: 7:00 – 10:30 p.m.

WHAT TO BRING: Bring your favorite munchies/hors d'oeuvres to share.

RSVP: Please call the club at 303-798-1656 to RSVP (we'll need your response by 6/20)

FOR MORE INFORMATION:

Contact Jane Lundwall at 3/721-6995 with any questions.

We look forward to a great turn out so plan to come up to the club for an adult night out and enjoy the evening. It's time to relax, and celebrate together on deck.