



Gator News

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Gators Swim Team

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WaterWorld Tomorrow!!

Current Schedule of Events

- July 2 — Waterworld
- July 4 — No practice
- July 5 — No meet
- July 11 — Pep Rally @ 6pm
- July 12 — Home vs. Chapparral @ 7:30am
- July 14 — Prelims-8 & Under @ Castle Rock (4:00pm)
- July 15 — Prelims-9-10 & 13-14 @ Clarke Farms I (8:00am)
- July 16 — Prelims-11-12 & 15-18 @ Chapparral (8:00am)
- July 19 — Championships @ Castle Rock (Time TBD)
- July 20 — Awards Banquet @ TBD
- July 26 — All-Stars @ TBD

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This week's theme is:

No Meet This Week

Nik Thomas Bags Two SGCC Records

Gators surf the Waves to their third victory of season

In a career day, **Nik Thomas** broke two Southglenn Gators team records. In the boys 15-18 200 Free, Nik swam a 2:11.16 to beat the old record of 2:13.71 by 2.55 seconds. Then in the 100 Free, Nik swam a 56.85 to eclipse the old record of 57.54 by 0.69 seconds. Congratulations Nik on a fantastic day!!

Meanwhile, the Gators won their third meet of the season by beating the Hills West Waves 529.5 to 444.50. The girls fought their counterparts to a draw 249 to 249, while the boys provided the margin of victory 289.5 to 195.5. And once again it was the depth of the Gator team that supplied the points to secure the win. While we were close in Gold medals (43 to 47), it was Silver (53 to 36), Bronze (46 to 32) and 4th place (43 to 12) finishes that kept us in the hunt.

There were many great swims during the meet, including 14 swimmers who qualified for All-Stars in 26 events.

Calling all photographers

We need your help with swim team photos for the End-of-Year show. Please submit any and all digital photos you have taken throughout the season to <http://picasaweb.google.com/brmworks/SGCCGatorsEndOfSeasonSlideshow>.

You can also email photos to barry.morgan@msn.com or brmworks@gmail.com.

Thanks for your help - we want to ensure all swimmers are represented in the DVD presentation and appreciate your help.

Here are our all-stars for this week:

Blakney, Anna (200 Free, 100 Back)

Gardner, Sarah (200 IM)

Reeder, Brett (50 Free, 100 Fly)

Sanders, Richard (100 Back, 100 Breast)

Sanders, Will (100 Breast, 200 IM)

Schrock, Kymberli (50 Free)

Shomaker, Lauren (100 Breast)

Shomaker, Samantha (200 Free)

Thomas, Nik (50 Free, 100 Free, 100 Fly)

Thompson, Emily (200 Free, 100 Back, 100 Free)

Thomsen, Alexa (200 Free, 100 Fly)

Thomsen, Muscles (50 Free, 100 Free, 100 Fly)

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Coach's Corner

Hey Gators,

Great job on another successful meet this season. It will be nice to have an off week this coming weekend - we hope everyone has a great July 4th weekend!

A couple reminders: There is only practice on Monday and Tuesday of this week - Wednesday is Water World day, and there is no practice on Thursday or Friday! Enjoy having a
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Gators Grab 3rd Win

Cont. from front page.

Womack, James (50 Breast, 100 IM)

Zambo, Stephanie (100 Breast)

Congratulations to all the swimmers who participated in the meet! Check out all the results in the Results section of the web site.

Special Note on All-Star times: The league has notified us that there was an error in the All-Star Standards for 2008. The 15-18 Girls 200 Free was incorrectly input into the computer database as 2:55.5 for the meters time. The correct time is 2:45.4. This error has caused some swims in this event to be listed as All-Star times when in actuality they have not. Our apologies for any inconvenience this may have caused. If you have any questions, please email Rick Sanders at rasanders@earthlink.net.

The Gators now have a week off and will host Chapparal on Saturday, July 12th. Please note that start time for that meet is 7:30 and warm-ups will be at 6:30. No practice this Wednesday, Thursday and Friday. Practice will resume on Monday, June 7th.

Coaches' Corner

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few days to sleep in!

We will be getting event-requests for Prelims in the next week or so, so be sure to sign out if you are not planning on swimming at prelims/championships.

Our last dual meet will be on Saturday, July 12 - the theme will be tie-dye, so we'll all get to wear our new shirts from last Friday's pep-rally!

Have a great week - Your coaches,

Trish, Lauren, Grant, Sarah and Emily!

Do you need Volunteer shifts?

Gator parents needing to fulfill volunteer requirements or wishing to confirm credits are encouraged to contact Mike Hanbery at mikehanbery@msn.com or 303.674.8123.

Reminder!!

Early Start Time of
7:30am

for the Chapparal meet on July 12th.
Warm-ups will be at 6:30.